

A Summary of German New Medicine

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I'm presenting this summary to articulate my understanding of the extraordinary medical research of Dr. Ryke Geerd Hamer, called German New Medicine.

Dr. Hamer's important and vast body of work is no less than a new discovery of natural science as it applies to human health and illness, based on five empirically discovered and documented laws.

His work tackles the problem of cancer and other chronic diseases, and gives us a new basis for understanding how and why disease arises, and where the real solutions lie. His book *Summary of the New Medicine* explains in detail the complete process. The research shows exactly how emotional conflicts end up manifesting as physical disease, how the whole disease process can be understood as an adaptive mechanism, and how we can heal. For bringing that mind/body perspective into the realm of modern medicine, it's an eminently valuable contribution.

German New Medicine is a new methodology so clear and logical that we would wonder how we could have accepted the old assumptions. Even in this short gist you may find all of your assumptions about disease and healing challenged. So be prepared for an interesting look at the old beliefs in light of this new research.. and in the spirit of the New Medicine, let's see how those old beliefs might be reevaluated.

GNM shows us that the draconian medical treatments we're familiar with are most often misguided, unnecessary, and damaging. We do have other options, ones that truly heal, not just suppress and weaken us over time.

With this new understanding, we can begin to squarely address the stressful life issues that cause disease, and work at the real causative level to assist the disease process to its natural healing resolution. The "cures" we've been seeking are perhaps not where we thought they'd be, and healing is not so elusive anymore.

Acceptance of GNM may be a slow process, but in 1998 at the University of Trnava, Slovakia, a double blind study was conducted that verifies Dr. Hamer's work scientifically, and several other similar studies have also verified the New Medicine.

We are seeing the beginning of a radical transformation in medicine, which will demystify disease and allow us to voyage into the realm of real knowledge beyond theory and dogma.

The article is in six parts. Please see the end for links to recommended reading.

Part 1: Overview of Dr. Hamer's German New Medicine

Part 2: How and why disease develops: The conflict phase of disease

Part 3: The healing phase of disease and the role of microbes

Part 4: Treatment

Part 5: Comparison of German New Medicine and the conventional view

Note: This information is for educational purposes only, and doesn't constitute medical advice. For chronic health issues, I would recommend working with a Heilkunst practitioner. (See articles on Heilkunst). Heilkunst is the most powerful, rational system of therapeutics we have today, and it embraces the understandings that Dr. Hamer has discovered vis-a-vis the emotional underpinnings of disease.

Part 1: Overview

If we stood up to declare that the emperor of modern medicine has no clothes, we might be asking some of these questions:

- What are the natural laws that govern disease, health and healing?
- What is the real cause and process of disease, and why is modern treatment so hit-or-miss?
- Why have we still failed to understand the basic principles of illness and healing, and have no real unified system of healing?
- What is the big picture that we're missing?

Dr. Ryke Geerd Hamer, a German-born medical doctor, has some of those answers. In 1981, after twenty years of research with thousands of patients, he summarized his research with the statement,

“I searched for cancer in the cell and I have found it in the form of a wrong coding in the brain.”

GNM firmly, logically and empirically establishes that all diseases are initiated by a physical event that creates a biological conflict-shock. That trauma affects a corresponding area of the brain, which sends a signal to the corresponding tissue or organ. That area then develops either cancerous growth, tissue loss as in necrosis or ulceration, or loss of function as in paralysis or diabetes.

This means that the cause of cancer and many other diseases is an event that a person experiences as traumatic and isolating, involving either perceived or actual danger. Dr. Hamer discovered that if this “biological conflict” is resolved, the disease goes through a healing stage and it too is resolved. And this in turn means that medical treatment is often not necessary even for the diseases we have deemed most serious!

The type of disease that will develop depends on the type of conflict the person experiences, which corresponds with a particular part of the brain, which in turn controls the organ/system involved and determines whether *canceration*, *ulceration* or *hypofunction* will manifest.

The Biological Conflict

A biological conflict is a crisis, an event that produces an emotional shock that the person is unprepared for. Some are associated with the loss of a loved one, or a life-threatening situation,

including the shock of receiving a cancer diagnosis. It's not a normal everyday psychological conflict like "Should I take the higher paying job and have to work longer hours?" But it's something that triggers deeply embedded survival issues, and causes a lasting stress phase.

Dr. Hamer himself developed testicular cancer after the death of his son, and it was this crisis that led him to make the connection between biological conflict and the progression of disease. He named this precipitating biological conflict-shock **DHS** after his son.

The research he conducted over many years consistently shows that the nature of the disease depends on the kind of trauma the person experienced; and that the trauma is a highly subjective one, subject to each individual's interpretation of the event.

Our modern bodies still function according to ancient biological programs, and even though we don't experience the conflict of having to flee from tigers, we experience our conflicts symbolically. And the conflicts that we experience are just as powerful.

For example, a conflict of "not being able to swallow a chunk" or "biting off more than you can chew," may result in cancer of the palate. We might experience a conflict of a loss of territory, which in modern terms might mean a layoff from work. Or we might experience a separation from a family member, which we interpret as a survival-level event. These are the kinds of conflicts that trigger the ancient organic program that we commonly call disease.

Once the conflict is resolved, the disease it caused will go through a healing phase in which the body will create self-healing mechanisms that often include uncomfortable symptoms.

The reason why it's so important to understand the real nature of these self-healing mechanisms is because they are exactly the symptoms that we have mistaken for the disease itself, and so they are usually suppressed and interfered with by allopathic drugs. Our "You should get that checked out!" mentality is like a hypnotic trance that perpetuates our allegiance to the medical establishment and its pervasive mismanagement of symptoms.

So we have self-healing which is being suppressed every day by inappropriate drugs and treatments that seem to make sense to our indoctrinated way of thinking. This New Medicine of Dr. Hamer shows we are hampering our healing with our so-called medicinal cures.

For example, Hamer found that tuberculosis is really the healing phase of lung cancer. Suppress the symptoms, and the disease progresses. But resolve the underlying conflict, and the "disease" process will naturally produce symptoms that constitute the healing phase itself. And by the same token, an ulcerative condition might reverse to a cancerous one, with the cancer constituting the healing phase.

This may sound shocking or counterintuitive only because of our ingrained belief that cancer is a terrible enemy of the body. Dr. Hamer shows how many cancerous and other "disease" conditions are really biologically correct programs put into motion by the wisdom of the body. And often the only treatment necessary is to support the process already in motion, not to interfere with it.

Dr. Hamer recommends that people seek the support of practitioners who are trained in the New Medicine, but often that specialized type of support, which is not always locally available, may not even be necessary.

How does the “biological conflict” manifest as disease?

Dr. Hamer discovered that every disease manifests on three levels of the organism simultaneously: the psyche (the biological conflict), the brain, and the organ.

Each DHS leaves a visible mark in the brain, which he calls the **HH** (Hamershen Herd). This mark is an alternation of the cells, which appears as a point with concentric rings, and which can be seen on CT scan. Dr. Hamer confirmed the presence of this HH on every patient he studied. The HH occurs in the area of the brain that corresponds to the organ or body structure manifesting the disease.

Now we see the disease process through these three levels of the organism:

1. The DHS registers in the mind;
2. The HH appears in the brain;
3. Organic disease manifests in the organ.

The New Medicine next tells us that every disease has two phases:

1. Conflict Active phase (called “CA”)
2. Healing phase (called “PCL” or post-conflictolytic)

The CA phase is usually characterized by cold symptoms and the PCL by warm symptoms; we used to think these were two separate diseases, but the New Medicine shows they are two phases of the same disease.

In the CA phase, the person has insomnia, cold symptoms, loss of appetite, compulsive thinking geared toward problem solving, all the symptoms of the sympathetic nervous system switched ON, to gear them up for fight-or-flight.

We evolved to utilize the fight-or-flight stress response for the purpose of resolving the conflict. But under modern conditions it's like the switch is stuck in the ON position, so even once the conflict is over, we're biologically stuck in a chronic stress condition.

If the conflict is resolved, the second, PCL phase begins, the parasympathetic system takes over and the person is no longer dwelling on the conflict. They have warm symptoms, return of appetite, more pain and inflammations than in the CA phase, sometimes fevers and fatigue, and acute processes that we usually associate with infectious diseases.

All known disease follows this course – as long as there is a resolution of the conflict. Dr. Hamer says,

“When we look back, we see that traditional medical practice has not correctly recognized a single disease.”

Really the CA phase of a disease weakens the organism and improves the chances of the group; while the PCL healing phase gives the organism a much improved chance of survival – IF we learn to recognize it for what it really is and support it instead of sabotage it.

The important implication of these findings is that we can begin to recognize that a particular symptom that we thought was a disease process may really be the healing phase.

The sore throat or the flu is really the healing phase, and now that we understand its function, we can treat it intelligently. The DHS is the pivotal point of this understanding, which shows us the opportunity inherent in the conflict, to transform the conflict into healing that leaves the person stronger than before, on all levels.

Now we are starting to see the real evidence for the mind/body connection! And now that we can map the process of the progression and resolution phases, we can understand what our real supportive role is, and begin to match our treatment to the real nature of the problem.

Part 2: How and why disease develops: The conflict phase of disease

The way each person experiences the conflict-shock (DHS) determines where disease will develop.

Dr. Hamer found that the subjective nature of the DHS, the way the particular person experiences it, determines which organ or system will be affected. This means that a particular type of traumatic event could trigger different diseases in different people or at different times.

For example, a woman has a critical argument with her spouse, which she experiences as a conflict. Because the content of the conflict and its meaning is so subjective, she might interpret that event as a threat to her “nest”, symbolically. If so, she will express this conflict as a HH that affects the cerebellum. Then nerve signals from there are sent to her breast, which begins cancerating. But if the same event is interpreted as a sexual frustration, a different part of the brain would be affected, which corresponds to the cervix, and then pathological tissue changes will begin to occur in the cervix.

The Ontogenetic System of Diseases

After observing about 10,000 patients, and after comparing all their brain CT scans with histological data, Dr. Hamer made an astounding discovery – a pattern appeared that showed that in the CA phase, tissue begins either cancerating, ulcerating or hypofunctioning depending on the layer of the brain that was affected.

We know that there are three primary cell layers out of which the tissues and organs are created during embryological (ontogenetic) development: Endoderm (inner), Mesoderm (middle), and Ectoderm (outer).

Dr. Hamer found that the tissue changes that occur during the CA phase are correlated this way:

1. Organ tissue that developed out of the inner cell layer, have their relay or steering place in the brain stem (old-brain) and cerebellum. This type of tissue always reacts in the CA phase with *canceration* (cell proliferation).
 2. The tissues and organs that developed out of the outer cell layer are controlled by the cerebral cortex. This type of tissue will react in the CA phase with *ulceration*, necrosis or tissue loss, or *hypofunction* (they sacrifice a function as in diabetes or paralysis).
 3. Tissues from the older part of the middle layer, are controlled by the cerebellum, and still belong to the old brain. These tissues therefore react to the CA phase with *canceration*.
 4. Tissues from the younger part of the middle layer are controlled by the medullar cerebrum. These tissues in the CA phase manifest *ulceration* or necrosis.
- In all cases, the canceration, ulceration and hypofunction completely resolve as soon as the biological conflict is resolved, and the CA phase ends.

Then in the healing PCL phase, the opposite process takes place. Diseases characterized by ulceration or necrosis in the CA phase will have canceration or cell proliferation in the PCL phase. Likewise, tumor growth seen in the CA phase will switch to ulceration.

To sum up:

In the CA phase: The old-brain controlled organs manifest cell proliferation The newer cerebrum-controlled organs manifest cell loss or hypofunction.

In the PCL phase it's reversed: The old-brain controlled organs manifest cell loss or hypofunction. The newer cerebrum-controlled organs manifest cell proliferation.

What happens if the conflict is *not* resolved?

When a conflict is not resolved, the CA phase continues chronically, draining the person's deep energetic resources. Because their appetite and digestion is weak during this phase, their nutrition is under par. Insomnia causes more stress. Detoxification is inefficient. So it's this weakened and toxic condition that becomes life threatening.

The canceration or ulceration or hypofunction is NOT the culprit!

Anette Stahel in her article on the New Medicine, says, *"Except in the rare case of obstruction of some vital passage... Lumps and sores are not the issue! Physicians have unfortunately become fixated on lumps and sores, when instead they should concern themselves with the state of the person as a whole. How does she feel, deep inside? What does she put into her body? And what does her life situation look like, present and past? It's the stressful state that is to be eliminated...because it's the stressful state that kills. This is Hamer's central discovery, psyche and soma [mind and body] are, very concretely, one."*

An important concept in the understanding of the canceration process is that many cancers aren't supposed to go away, because they are actually scar tissue that develops over ulcers, in

the healing phase. By supporting the body through this phase instead of radiating or chemically poisoning the cells, Dr. Hamer has demonstrated that healing can and does take place.

Any recurring symptoms generally represent a restimulation of the conflict and a back-and-forth switching from CA phase to PCL phase, when the CA phase wasn't brought to completion the first time.

Part 3: The Healing phase and the role of microbes

When the conflict is resolved and the CA phase is completed, as we've seen, the initial canceration, ulceration or hypofunction stops. Then, the reverse process takes over.

- If in the CA phase we had a canceration, now the brain directs the body to manifest ulceration.
- If in the CA phase we had ulceration, now that ulceration is filled in by means of canceration.
- If in the CA phase we had hypofunction, now we have restored function.

According to Dr. Hamer these conditions are generally self-limiting and only get out of control when additional conflict shocks occur or the body is too old or weak or through the methods of conventional medicine. By contrast, natural healing methods aim to support body and mind during this trying time. Most healing proceeds without major problems, but about 10% need the full support of an experienced therapist, especially at the time of the healing crisis.

In the healing phase, not only are organs restored, but the HH itself is restored. With the help of microbes, as we'll talk about next, the HH expands and swells, and this is the edema that is often mistaken for a brain tumor. Certain glia cells are produced to create this healing edema.

The Healing phase uses microbes as helpers.

We've heard that the old germ theory is flawed, and that microbes such as viruses, bacteria, and fungi may play a vital role in detoxification and tissue regeneration.

GNM confirms these suspicions that most microbes are not just opportunistic bad guys that cause disease. The research has clarified exactly how these microbes work for us.

Most microbes are *not* the cause of disease, but actually helpful "seasonal workers" and our real allies. They are the optimizers of the healing phase. They help break down and eliminate the tumor cells that are no longer needed when the canceration CA phase has completed. And by the same token, they help build new fresh tissue when an ulceration CA phase has completed.

Let's take the example of common flu-like symptoms.

The symptoms we experience with the “flu” are actually the healing phase of the disease. What this really means is that we were previously experiencing a biological conflict, but the conflict has resolved, the active phase has passed, and now we’re in the healing phase. The healing phase is often characterized by fever and increased metabolic function and inflammations, including all the symptoms we have mistakenly identified as the disease itself!

All the sneezing, mucus, inflammations, fever, in other words, all the uncomfortable symptoms we have mistakenly called “being sick”, are just the effects of these healing-phase friends, the microbes. Dr. Hamer calls this stage the “Epileptic Crisis” (EC), a very favorable occurrence.

During the healing phase, the brain directs microbes like viruses to show up for work to restore tissue that has been compromised, and to break down and eliminate cells that were used in the CA phase and are now waste. We may feel miserable while the beneficial healing action is taking place, but we’d do best at that point to allow the process to run its course and not suppress the symptoms with antibiotics, antifungals or antivirals.

When not needed for work, the microbes retreat into a part of the organism where they are no bother and can be recalled and reactivated in the healing (PCL) phase on specific organs.

And if the microbes are in short supply, as with antibiotic treatment or too sanitary an environment, the built-up wastes accumulate and further stress the system, impeding the healing phase.

So, the person who never gets colds, flu, or other symptoms that indicate intense microbial action, may actually be in a prolonged CA phase, not a good thing!

The only other reason for being free of such symptoms is if the person is free of conflicts and things are humming along fine, but for modern folks that’s not usually the case.

We go into CA phases often, and so we need these microbe allies to help us out in the PCL phase.

Here’s a little more understanding of how these microbes actually work, according to the ***ontogenetic system***.

Each type of microbe (fungi, mycobacteria, and bacteria) has a corresponding affinity for one of the three cell layers:

- The most ancient microbes are the *fungi and mycobacteria*, and they are employed by the old- brain stem, which controls the tissues made from the inner cell layer (endoderm).
- Somewhat newer are the *bacteria*, and they are employed by the cerebellum and medulla of the cerebrum, which controls the tissues made from the middle cell layer (mesoderm.)
- The most recent microbes are the *viruses*, and they are employed by the newer cerebral cortex, which controls tissues that are made out of the outer cell layer (ectoderm.)

Fungi and mycobacteria are employed in the PCL phase to break down tumor material, to remove these excess cells that were produced for the CA phase.

Viruses and some bacteria are employed in the PCL phase to produce cells to fill in ulcerations that were produced in the CA phase. This is how abscesses and cysts are formed.

Now we see the whole picture of how the PCL Healing phase has reversed the processes of the CA phase in order to counteract that process, but in a completely ecological way:

The Healing phase uses microbes for this important process - to build up what was diminished and to break down what was “overgrown.”

Of course these are very general categories of tissue changes, and we see so many varieties of lesions and disease manifestations, discussion of which is beyond the scope of this article. Dr. Hamer’s research is quite detailed in that matter, so please refer to his book for the details of specific pathologies.

Just as one example, ectoderm tissue will form ulcerations and functional failure (e.g. motor paralysis, diabetes etc.) in the CA phase.. In the healing phase of such a disease, the restoration of tissue is supported by viruses, for example, Hepatitis A.

Now we can sum up the role of these endogenous, pleomorphic microbes:

Bacteria function as clean-up workers for certain organs and tissues, destroying the tumors associated with those tissue types, and helping to rebuild certain functions.

Viruses are simply reconstruction or construction workers. They are produced within the body to bring about swelling when needed to refill the ulcers and cellular losses of certain organs, and to reconstruct mucus membranes. Not only are they useful, but are essential to the healing phase in many cases!

All these microbes are only active during the healing phase, except for mycobacteria, which multiply during the CA phase, but break down tumors in the PCL phase.

Now we can see how misguided is the notion of stamping out the seasonal workers! These are all servants that have worked for us, not against us, for over billions of years of evolution!

It should be mentioned here that *some* microbes are actually pathogenic – the ones that cause typhoid, scarlet fever, cholera, etc. But these are relatively few. The vast majority are endogenous and pleomorphic.

And now we come to the most profound implication of the research, summed up in Dr. Hamer’s fifth biological law:

Disease can be understood as a meaningful biological “special program” of nature to solve an extraordinary biological conflict.

Instead of viewing disease as some malignant condition of an imperfect nature, we begin to see the larger context, that nature has always been perfect.

How amazing it is that we can begin to understand the diseases that have always baffled us, and reframe something dreaded as a useful, powerful strategy. Imagine the implications, if we would understand these special biological programs set in motion for our benefit, and truly support this underlying integrity.

This is just a glimpse into the world of the New Medicine, and I urge people to continue exploring the research that is now available.

The Heilkunst system of medicine is inclusive of Dr. Hamer's research and yet develops the science of true diagnosis and removal of disease even further.

Part 4: Treatment

Although the biological laws put forth by German New Medicine are firm laws of nature, each individual expresses a disease process in their own unique way, and the New Medicine practitioner seeks to understand each unique process in order to best support it.

Equipped with a brain CT scan, and an understanding of the nature of the patient's DHS and all its implications, the New Medicine practitioners are having extraordinary diagnostic and therapeutic success with all forms of disease. Diagnosis is possible long before cancerous growth is detectable by conventional methods, and the CT scan also helps to monitor the progression of the disease "special program."

With German New Medicine, 95% of patients who are not treated (no chemo, etc.), survive. In the animal kingdom, we would see 80-90% spontaneous healings if we let nature take its course. New Medicine treatment is multifaceted, and uses many simple natural healing methods. The main emphasis is psychotherapeutic approaches to help the person resolve the underlying conflict.

We use language to mediate experience, and we create internal representations of our reality.. For example, we might say, "That's hard to swallow" as a metaphor when we don't want to accept something.

Finding the DHS is essential, but also is finding the way the person retriggers the conflict on an ongoing basis, often very symbolically through these internal representational systems. As with phobias, a present moment situation may not pose any real threat, but because it represents an unresolved conflict, the person experiences a "replay" of an old trauma.

GNM practitioners around the world are using many techniques especially from Hypnotherapy and Neuro-Linguistic Programming (NLP) to help people resolve these internal conflicts.

Invasive treatments are generally avoided unless a vital bodily function is at stake, such as when a conflict lasts too long and the resulting edema becomes life threatening. Biologically appropriate diet is part of that support, as is adequate rest especially in the PCL phase, and natural therapies to ease the symptoms.

Toxic drug treatments are avoided, because they disturb the mind/body, complicate the canceration/ulceration/hypofunction scheme, and hinder conflict resolution. They weaken our ability to rise to the challenge of the biological conflict.

Although toxic drugs do damage cells and tissues, they are not carcinogenic in the sense that we've believed in the past, because we now see that the natural canceration process is part of the body's intelligent move toward conflict resolution. But the damage from toxins can produce its own kind of biological conflict.

Dr. Hamer has brought forth an important understanding of disease and healing and concrete evidence of the mind/body connection. From there, the Heilkunst medical system takes treatment to the next step. Heilkunst is the complete system developed by Dr. Hahnemann and furthered in the last 15 years. The biological conflicts can now be removed with potentized remedies that can precisely target them on the energetic level. See the articles on this website on Heilkunst for more information.

Part 5: Comparison of German New Medicine and the conventional view

Let's consider the differences in diagnosis, disease causation and treatment. Conventionally, a person might get a cancer or serious disease diagnosis, and considering the way we normally view such diseases and all their ramifications, would naturally cause them to experience an emotional trauma.

By contrast, according to German New Medicine, one might view this disease process in a very different light, not as a death sentence but as a challenge to understand the symbolic meaning that this disease manifestation is attempting to express.

One would take up the cause of deep understanding, looking to New Medicine's differential diagnosis to find out which phase the disease is in, and from there set about pursuing appropriate support. The insight provided by New Medicine not only provides a meaningful framework within which to understand the diagnosis, but also supports the person's confidence and perseverance through the sometimes difficult healing phase.

As for causes, conventional medicine recognizes certain carcinogens such as radiation and chemical treatments, but New Medicine recognizes that the shock of an existing cancer itself may cause cancer.

This explains the notion of metastasis, which according to New Medicine is not a spreading of cancer, but actual new cancers that develop in the same way, the result of a new conflict that a person with cancer experiences because of the fear and anguish of knowing one has cancer.

According to German New Medicine, the cause is always the DHS, which forms according to the way a person perceives the basic biological threat.

Let's consider treatment. We know chemotherapy and radiation are the mainstay of the conventional approach. Instead of attacking and destroying tissue, New Medicine would explore the causal biological conflict, and heal its mental/emotional underpinnings, which in turn triggers the healing phase, allowing for the natural unfolding and resolution of the disease on the organic level.

The various biological programs running at the same time can be numerous, which can complicate matters. But on the other side of coin, the competent practitioner of New Medicine isn't bogged down by "clinical nonsense that hampers scholastic medicine", as Dr. Hamer puts it. The practitioner works with the patient as a partner to solve the puzzle of the "biological programs" that s/he is running.

French physician Dr. Michel Henrard in *The Discoveries of Dr. R. G. Hamer: "The Biological Laws"* says,

"Classical [conventional] diagnosis is like examining the floating part of an iceberg: the examination, essentially descriptive, of all apparent symptoms without taking into account their origin, their links with the patient's history and the universality of the suffering being. The change would consist in investigating the three levels of the triad [psyche, brain and organ], in order to better understand all of the manifestations and to see which phase of the disease one is in.

Therapeutics derive from the complete understanding of the case, which allows to better know what one is exactly doing. Our intention is not to debate on the intrinsic value of one or another technique, and a priori all therapeutic means must be considered. First, one has to know which phase of his disease the patient is in, and next, one has to "treat" him at the three levels: psychic, cerebral, and organic.

On the psychic level it means to solve his conflict if it is not done yet... On the cerebral level, one will look after eventual complications due to the compression phenomena of the nervous tissue following the transient edema in the repairing center... On the organic level, it may be necessary to call on various drugs or methods to relieve, but avoiding to interfere too much in the reparation process: for instance, pain, or too important or inconvenient infections, and all the functional disorders risky for the patient... But the 'habit' to operate within a few weeks of a discovery of a 'cancer which might generalize if we wait' is more than questionable."

Something to ponder: Diseases as we knew them don't actually exist - all the symptoms are explainable and in many cases can be mastered. We can begin to think in terms of

mastering these biological programs instead of succumbing to rampant disease processes.

This is not to say that we live in a perfect world or to deny the existence of suffering. Nor to turn our backs on the truly useful advancements in emergency medicine. But what a relief that we can choose to declare the old outmoded model has failed us, separate the wheat from the chaff, and begin anew with trust and deep respect for the laws of nature and *new medicine*.

We need modern medicine which addresses modern disease. Yet modern medicine doesn't need to mean the prevailing allopathic paradigm, nor simply adopting the traditional naturopathic versions without being informed by new insight.